

# COMMUNITY HEALTH EDUCATION

Degree: Bachelor of Science  
 Minor: Community Health Promotion  
 Certificate: Gerontology  
 Department: Health, Leisure, and Exercise Science  
 Building 72, Room 241  
 (850) 474-2592  
<http://uwf.edu/hles/>  
[hles@uwf.edu](mailto:hles@uwf.edu)  
 College: Professional Studies  
 Semester Hours Required for Degree: 120

Faculty: S. Ryan (Chairperson), F.S. Bridges, L. Cosio-Lima, D. Chu, R.E. Frazee, A.T. Gross (Emeritus), A. Holdnak, M.M. Howard, R. Isoaari, T.S. Marzilli, S.F. Philipp, P.B. Schuler, C. Song, L.W. Taylor, J. Todorovich, X.V. Tran, D.M. Vinci, C.B. Williamson (Emeritus)

This degree program is designed for students who wish to pursue health careers in public and private health agencies. Students can develop a program emphasis in areas such as counseling, social work, nutrition, and community health.

## PROGRAM REQUIREMENTS

In addition to general University requirements, students seeking the B.S. in Health Education must meet the requirements listed below.

Contact the department for information concerning the certificate.

Community Health Education majors are required to take HSC3406C as part of their major; this class certifies each student in CPR. Students must maintain current CPR certification while pursuing this major.

Upon completing this degree students will be prepared to sit for the CHES (Certified Health Education Specialist) exam.

Course descriptions are listed alphabetically by prefix in the back of this *Catalog*.

### General Studies (36 sh)

Students should take PSY 2012 to satisfy the social science/behavioral perspective component, MAC 1105 and STA 2023 to satisfy the mathematics component, and BSC 1085/L and BSC 1086/L to satisfy the natural science component of General Studies.

For additional information see the General Studies section of this *Catalog*.

### Common Prerequisites (26 sh)

State mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. Courses in brackets indicate substitutes from Florida public community/junior colleges and universities.

- + BSC 1085/L Anatomy & Physiology I/Lab .....4
- + BSC 1086/L Anatomy & Physiology II/Lab .....4
- HSC 2100 Personal Health .....3
- HUN 1201 Human Nutrition .....3  
[HUN x201]
- + PSY 2012 General Psychology .....3  
[PSY x012]

- SPC 2600 Public Speaking .....3  
[SPC x600]
- + STA 2023 Elements of Statistics .....3  
[STA xxxx]
- + SYG 2000 Introduction to Sociology .....3

+ Indicates common prerequisites which can be used to satisfy General Studies requirements.

• Course offered at Florida community/junior colleges

### Lower Division Electives (0-14 sh)

Sufficient 1000/2000 level electives to complete at least 60 semester hours in the lower division. Current UWF students may use elective courses at any level (1000-4999) to meet this elective requirement. Recommend HSC 2100 be taken at the lower division.

### Major (45 sh)

- HSC 3032 Foundations in Health Education .....3
- HSC 3406C Advanced First Aid & Emergency Care .....3
- HSC 4104 Health Aspects of Stress Management .....3
- HSC 4120 Consumer Health Education .....3
- HSC 4133 Health Aspects of Human Sexuality .....3
- HSC 4143 Drugs in Society .....3
- HSC 4211 Human Environmental Health .....3
- HSC 4300 Changing Health Behaviors .....3
- HSC 4500 Epidemiology .....3
- HSC 4551 Communicable & Degenerative Diseases .....3
- HSC 4572 Nutrition & Health .....3
- HSC 4581 Health Promotion & Planning .....3
- HSC 4633 Current Issues in School-Community Health .....3
- HSC 4940 Internship .....6  
Course offered 1-6 sh per semester

### Major-Related (9 sh)

- CLP 4314 Health Psychology .....3
- Choose two:*
- SOW 3620 Practice with Culturally Diverse Populations .....3
  - SOW 4111 Adolescents at Risk .....3
  - SOW 4700 Drug Abuse Prevention & Treatment: Special Issues .....3
  - STA 4173 Biostatistics .....3

### Upper Division Electives (6 sh)

Sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or completion of all departmental requirements at the 3000/4000 level, whichever is greater.

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## MINOR

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Students earning the Community Health Promotion minor will be able to assess individual and community/worksites needs for community health services; develop analytical skills to examine needs assessment data and determine priority area(s) of community health services; compare and contrast health promotion program planning models and theories for application in a health promotion and wellness setting; and plan and implement effective community health promotion programs. This minor is not available to Community Health Education majors.

HSC 4120 Consumer Health Education .....3

### Health Foundations (3 sh)

*Choose one:*

HSC 4133 Health Aspects of Human Sexuality .....3

HSC 4143 Drugs in Society .....3

HSC 4551 Communicable and Degenerative Diseases .....3

### Community Health and Environment (3 sh)

*Choose one:*

HSC 4104 Health Aspects of Stress Management.....3

HSC 4211 Human Environmental Health .....3

HSC 4500 Epidemiology .....3

HSC 4633 Current Issues in School-Community Health .....3

### Health Care (3 sh)

*Choose one:*

CLP 4314 Health Psychology.....3

HSC 4300 Changing Health Behaviors .....3

HSC 4572 Nutrition and Health .....3