

HEALTH EDUCATION

Degree: Master of Science
 Certificate: Gerontology
 Division: Health, Leisure & Exercise Science
 Building 54, Room 119
 (850) 474-2592
<http://uwf.edu/hles/>
hles@uwf.edu
 College: Professional Studies

The master's degree in Health Education provides the student a choice of an Aging Studies, Health Promotion & Worksite Wellness, or Psycho-Social Specialization. Electives are carefully chosen by the student in consultation with an advisor. A student has the option of completing a thesis or an internship except in the Aging Studies Specialization where a thesis or internship is required. Consult the department for advisement.

Contact the Director, Center on Aging for information concerning the Certificate.

In addition to general University requirements, students seeking the M.S. in Health Education must meet the requirements listed below.

Course descriptions are listed alphabetically by prefix in the end of this *Catalog*.

FOUNDATIONAL PROFICIENCIES

Students in the Health Promotion & Worksite Wellness and the Psycho-Social Specializations must have previous credit in human anatomy or physiology or pathophysiology, general biology, and personal and community health or equivalent. These courses are recommended for students in the Aging Studies Specialization.

AGING STUDIES SPECIALIZATION

The master's degree in Health Education/Aging Studies is a degree designed to prepare graduate students for professional careers in the rapidly expanding field of aging. The program is interdisciplinary, thereby addressing the needs of students from a variety of academic backgrounds. Either a thesis or an internship is required.

DEP 4401	Adulthood and Aging.....	3
HLP 6535	Research Procedures	3
HLP 6595	Research Seminar	3
HSA 6106	Critical Analysis of Health	3
HSC 5xx1	Planning, Implementing, & Evaluating of Health Programs	3
PET 6074	Successful Aging: Physiological Aspects	3
SOW 5675	Social Issues and Intervention Strategies in Social Work Practice with Older Adults	3
SOW 5745	Dimensions of Death and Dying: Special Issues.....	3

Major Electives (9 sh)*Choose three in consultation with advisor:*

HSA 5115	Health Care Policy and Administration	3
HSC 5506	Epidemiology	3
PAD 6701	Quantitative Application in Public Administration	3
PEP 5118	Aging and Physical Performance	3
PLA 3600	Probate and Estate Planning	3
SOW 5646	Substance Abuse and the Elderly.....	3
SOW 5648	Policy Issues and Older Adults	3

Internship or Thesis (6 sh)*Choose one:*

HLP 6940	Internship	6
HLP 6971	Thesis	6

HEALTH PROMOTION AND WORKSITE WELLNESS SPECIALIZATION

HLP 6535	Research Procedures	3
HLP 6595	Research Seminar	3
HSC 5037	Historical Foundations of Health Education	3
HSC 5506	Epidemiology	3
HSC 5XX1	Planning, Implementing, & Evaluating of Health Programs	3

Choose 24 sh from including at least three courses at the 6000 level and no more than two courses at the 3/4000 level:

HLP 6922	Field Experience	3
	Course offered 1-3 sh per semester	
HLP 6940	Internship	3-6
	Course offered 3-6 sh per semester	
HLP 6971	Thesis	6
	Course offered 1-6 sh per semester	
HSA 6106	Critical Analysis of Health	3
HSC 4104	Health Aspects of Stress Management.....	3
HSC 5XXX	Nutrition and Lifestyle Counseling	3
HSC 5135	Health Guidance	3
HSC 5552	Communicable and Degenerative Diseases ..	3
HSC 6667	Social Marketing in Health Education.....	3
MAN 5116	Management of Diversity	3
PET 3351/L	Exercise Physiology/Lab.....	4
PET 4310/L	Mechanics of Human Motion/Lab	4
PET 4361	Sport Nutrition and Weight Control	3
PET 5533	Advanced Exercise Testing & Prescription	3
PET 6355C	Advanced Exercise Physiology.....	3

Additional courses approved by the department chair

PSYCHO-SOCIAL SPECIALIZATION

HLP 6535	Research Procedures	3
HLP 6595	Research Seminar	3
HSC 5037	Historical Foundations of Health Education	3
HSC 5506	Epidemiology	3
HSC 5585	Health Promotion and Planning	3

Choose 24 sh from:

EAB 4704	Introduction to Behavior Modification	3
EAB 5705	Advanced Behavior Modification	3
EAB 5738	Behavioral Medicine	3
HLP 6922	Field Experience	3
	Course offered 1-3 sh per semester	
HLP 6940	Internship	3-6
	Course offered 3-6 sh per semester	
HLP 6971	Thesis	6
	Course offered 1-6 sh per semester	
HSA 6106	Critical Analysis of Health	3
HSC 5135	Health Guidance	3
HSC 5552	Communicable and Degenerative Diseases ..	3
HSC 6206	Community Health Delivery Systems	3
PCO 4310	Intervention in Addictions	3
PCO 6216	Theories of Individual Counseling	3
PCO 6246	Theories of Group Counseling	3
PCO 6278	Multicultural Counseling	3
PSB 4731	Psychobiology of Sexual Behavior	3
PSY 4820	Health Psychology	3

Electives as approved by the department chair

Note: Changes to the Aging Studies Specialization, deletion of the Nutrition and Fitness Specialization, and addition of the Health Promotion and Worksite Wellness Specialization have been proposed by the department and are pending Faculty Senate and University approval. Approval is expected before the beginning of the academic year.