

# HEALTH, LEISURE, & EXERCISE SCIENCE

Degree: Master of Science  
 Division: Health, Leisure & Exercise Science  
 Building 54, Room 119  
 (850) 474-2592  
 hles@uwf.edu  
 College: Professional Studies

The master's degree in Health, Leisure, and Exercise Science offers specializations in Exercise Science and Physical Education. This program requires 39 semester hours including a core of 12 hours and a 27 hour specialization. The Exercise Science Specialization emphasizes administration of adult fitness and graduate research while the Physical Education Specialization emphasizes further study in teacher education. Students in teacher education must choose the professional education common core instead of electives.

Course descriptions are listed alphabetically by prefix in the back of this catalog.

In addition to general University requirements, the following requirements apply to the master's degree.

*Choose 27 sh from the following in consultation with advisor*

EDA 6194	Foundations for Leading in Diverse Environments .....	3
EDA 6232	Law and Education .....	3
EDF 6218	Current Issues in Student Development & Learning .....	3
EDF 6602	Trends and Issues in Education: Social, Multicultural, Historical & Philosophical Analysis .....	3
EDF 6725	Critical Issues in American Education .....	3
EDG 5325	Analysis of Teaching .....	3
EDG 6791	Multicultural Education .....	3
HLP 5645	Programs Adapted to Atypical Individual .....	3
HLP 6515	Evaluation Process in Sports .....	3
HLP 6922	Field Experience .....	3
	Course offered 1-3 sh per semester	
HLP 6940	Internship .....	3-6
	Course offered 3-6 sh per semester	
HLP 6971	Thesis .....	6
	Course offered 1-6 sh per semester	
HSC 5237	Nutrition and Health .....	3
HSC 5552	Communicable and Degenerative Diseases ....	3
PET 4310/L	Mechanics of Human Motion/Lab .....	4
PET 5389C	Physiological Basis of Strength Development .....	3
PET 6346	Biomechanics of Sports Skills .....	3

## EXERCISE SCIENCE SPECIALIZATION

HLP 6535	Research Procedures .....	3
HLP 6595	Research Seminar .....	3
PET 5235	Motor Learning .....	3
PET 6355C	Advanced Exercise Physiology .....	3

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HLP 6515	Evaluation Process in Sports .....	3
HLP 6922	Field Experience .....	3
	Course offered 1-3 sh per semester	
HLP 6940	Internship .....	3-6
	Course offered 3-6 sh per semester	
HLP 6971	Thesis .....	6
	Course offered 1-6 sh per semester	
HSC 5237	Nutrition and Health .....	3
HSC 5552	Communicable and Degenerative Diseases ....	3
HSC 5585	Health Promotion and Planning .....	3
PET 4310/L	Mechanics of Human Motion/Lab .....	4
PET 4361	Sport Nutrition and Weight Control .....	3
PET 4552	Exercise Testing for Special Populations .....	3
PET 5385C	Exercise Prescription & Testing .....	3
PET 5389C	Physiological Basis of Strength Development .....	3
PET 5626	Rehabilitation of Athletic Injuries .....	3
PET 5635C	Therapeutic Modalities in Sports Medicine .....	3
PET 6346	Biomechanics of Sports Skills .....	3

## PHYSICAL EDUCATION SPECIALIZATION

HLP 6535	Research Procedures .....	3
HLP 6595	Research Seminar .....	3
PET 5235	Motor Learning .....	3
PET 6355C	Advanced Exercise Physiology .....	3